TIMETABLE

New Term starts 8th September- 18th December 2026 Term ends
Half term 26th October - 30th October 2026
Sessions return Tuesday 8th September 2026

Welcome to Ealing Anchor Foundation

A support group for parents/carers of babies and children who are differently abled.

Offering a range of activities, training, counselling and outreach support for families.

OUR SESSIONS ARE HELD AT

Windmill Children's Centre
135 Windmill Lane Greenford UB6 9DZ

EALING ANCHOR FOUNDATION
Supporting Parents & Carers in Ealing

TIMETABLE SEPT - DEC 2026

TUESDAY

Windmill Children's Centre

MORNING
Music Therapy
Play & support session
10:30am - 12:15pm

AFTERNOON
Music Therapy
Play & support session
1:00pm -2:15pm

1:1 Counselling

Toy Library

Bookings for the Play & Support sessions are open online, ONE day before each session.

Bookings for other events, can be made at anytime online.

Visit us at www.ealinganchor.org.uk or scan the QR code below

FRIDAY

Windmill Children's Centre

MORNING
Play & support session
10:30am - 12:15pm

See the next page for dates/details of our Friday Coffee mornings, Parent Carer Support Groups & Seashells Complex Needs Sessions

1:1 Counselling

Toy Library

To book and for more information, telephone 020 8571 9954, info@ealinganchor.org.uk, www.ealinganchor.org.uk

MUSIC THERAPY & PLAY & SUPPORT SESSIONS

Windmill Children's Centre
Tuesday 10:30am-12:15pm
Tuesday 1:00pm - 2:15pm

PARENT CARER EVENING

Monday 12th October
Nando's Acton
To reserve your space 7pm- 9.45pm

OTHER ACTIVITIES THIS TERM

1:1 ONLINE COUNSELLING

ONLINE TOY LIBRARY

BOUNCE CLUB AT OXYGEN

'TIME TO TALK' COFFEE MORNING

Come along and meet other parent/carers

Friday 13th November
10:30am-12:15pm
Windmill Children's Centre

ONLINE WORKSHOPS

Successful Toileting Workshop 10am-11:30am
Thursday 17th September & Thursday 12th November

Successful Eating Workshop 10am-11:30am
Thursday 24th September & Thursday 5th November

Promoting Positive Behaviour Workshop 10am -11.30am
Wednesday 30th September

Understanding Sensory Differences Workshop 10:00-11:30am
Thursday 8th October & Thursday 3rd December

Successful Sleep Workshop 10am-11:30am
Thursday 22nd October & Thursday 26th November

Understanding Autism & Children with Communication Differences
10am-12pm Wednesday 4th November

Supporting Autism Children with Communication Differences
10am-12pm Wednesday 11h November

Understanding & Supporting Language Development
Wednesday 9th December 10am-12pm

To book, click on the name or date of the workshop or go to our website

OTHER EVENTS THIS TERM

Family fun day
Saturday 12h September -
two sessions available
12pm-2pm & 2pm - 4pm
BOOK HERE
Enterprise lodge, Stockdove way
, greenford, UB6 8TJ

Heathrow Gym
Saturday 24th October
3pm - 6pm
Green Lane, Cranford,
Hounslow TW4 6DH

Winter Party
Saturday 19th December
More details to follow - see website

PARENT CARER GROUP

Topic: The emotional journey of being a parent/carer
Friday 2nd October

Topic: What I wish others understood about being a parent/carer
Friday 6th November

Topic: Recognising personal strengths
-identifying skills developed through caring
Friday 4th December

OUR GROUPS

Windmill Children's Centre
10:30am- 12:15pm

NEW GROUP!
SEASHELLS GROUP
For children with complex needs physical needs or Down Syndrome
A space for sound, colour & sensory exploration
Invitation only

Friday 16th October
&
Friday 20th November

To book and for more information telephone 0208 5719954 or email info@ealinganchor.org.uk or visit www.ealinganchor.org.uk

EALING ANCHOR FOUNDATION

Supporting Parents & Carers in Ealing

Admin Office: Grove House 77 North Road, Southall. UB1 2JL
info@ealinganchor.org.uk
Telephone 0208 571 9954

Website www.ealinganchor.org.uk

Facebook: Ealing Anchor Foundation

https://www.instagram.com/anchor_ealing/?hl=en

Registered Charity Number 1196311

London Borough of Ealing

Masonic Charitable Foundation

JOHN LYON'S CHARITY
PART OF THE HARROW SCHOOL FOUNDATION

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eas Ealing Advice Service

M&S

COMMUNITY FUND

Garfield Weston FOUNDATION

NHS

Early Start Ealing