



## TIMETABLE

**New Term starts 14<sup>th</sup> April- 17<sup>th</sup> July Term ends**

**Half term 25<sup>th</sup> May - 29<sup>th</sup> May**

**Sessions return Tuesday 3rd<sup>th</sup> June**

## Welcome to Ealing Anchor Foundation

A support group for parents/carers of babies and children who are differently abled.

Offering a range of activities, training, counselling and outreach support for families.

### OUR SESSIONS ARE HELD AT

Windmill Children's Centre  
135 Windmill Lane Greenford UB6 9DZ



Grange Children's Centre  
Church Place, London W5 4HN



# TIMETABLE APRIL - JULY 2026



## TUESDAY

Windmill Children's  
Centre

### MORNING

Music Therapy  
Play & support session  
10:30am - 12:15pm

### AFTERNOON

Music Therapy  
1:00pm - 2:15pm

1:1 Counselling

Toy Library

## WEDNESDAY

Grange Children's  
Centre

### AFTERNOON

Play & support session  
12:45pm - 2:15pm

## FRIDAY

Windmill Children's  
Centre

### MORNING

Play & support session  
10:30am - 12:15pm

1:1 Counselling

Toy Library

Bookings for the Play & Support sessions are open online, ONE day before each session. Bookings for other events, can be made at anytime online.

To book and for more information  
telephone 020 8571 9954  
info@ealinganchor.org.uk  
www.ealinganchor.org.uk

## MUSIC THERAPY & PLAY & SUPPORT SESSIONS

Windmill Children's Centre  
Tuesday 10:30am-12:15pm  
Tuesday 1:00pm - 2:15pm



## PARENT CARER EVENING



Monday 8<sup>th</sup> June  
Celebrating carers week  
Gokyuzu Park Royal  
To reserve your space 7pm- 9.45pm

## OTHER ACTIVITIES THIS TERM

1:1 ONLINE COUNSELLING



ONLINE TOY LIBRARY



FOOD BANK - TUESDAY & FRIDAY  
WINDMILL CHILDREN CENTRE

## 'TIME TO TALK' COFFEE MORNINGS



Come along and meet other parent/carers

Friday 8<sup>th</sup> May

and

Friday 12<sup>th</sup> June

10:30am-12:15pm  
Windmill Children's Centre

## ONLINE WORKSHOPS

Legal Workshop 10:30am-12noon  
Thursday 30<sup>th</sup> April 20mins slots available

Successful Toileting Workshop 10am-11:30am  
Wednesday 6<sup>th</sup> May

EHCP Made Easy Session One 10:30-12:30pm  
Monday 11<sup>th</sup> May

Successful Sleep Workshop 10am-11:30am  
Thursday 14<sup>th</sup> May

Successful Eating Workshop 10am-11:30am  
Wednesday 20<sup>th</sup> May

Understanding Autism & Children with Communication Differences  
10am-12pm Wednesday 3<sup>rd</sup> June

Supporting Autism Children with Communication Differences  
10am-12pm Wednesday 10<sup>th</sup> June

Promoting Positive Behaviour Workshop 10am -11.30am  
Thursday 18<sup>th</sup> June

Understanding Sensory Differences Workshop 10:00-11:30am  
Wednesday 24<sup>th</sup> June

EHCP Made Easy Session Two 10:30-12:30pm  
Monday 29<sup>th</sup> June

Successful Toileting Workshop 10am-11.30am  
Wednesday 1<sup>st</sup> July



to book, click on the name or date of the workshop or go to our website

## OTHER EVENTS THIS TERM

Tooth Fairy

Tuesday 28<sup>th</sup> May 10:30-12:15  
Windmill Children Centre

Hanwell Carnival  
Saturday 20<sup>th</sup> June 12-6pm

Elthorne Park Road  
Hanwell W7 2AA



## OUR GROUPS

### PARENT GROUP

Topic: Relationships  
Friday 24<sup>th</sup> April

Topic: Self-care Strategies  
Friday 22<sup>nd</sup> May

Topic: Depression  
Friday June 26<sup>th</sup>

Topic: TBC  
Friday 10<sup>th</sup> July



Windmill Children's Centre  
10:30am- 12:15pm

To book and for more information telephone 0208 5719954 or email [info@ealinganchor.org.uk](mailto:info@ealinganchor.org.uk) or visit [www.ealinganchor.org.uk](http://www.ealinganchor.org.uk)

### NEW GROUP! SEASHELLS GROUP

For children with complex needs

A space for sound, colour & sensory exploration  
*Invitation only*

Friday 15<sup>th</sup> May  
&  
Friday 5<sup>th</sup> June



# EALING ANCHOR FOUNDATION



Supporting Parents & Carers in Ealing

Admin Office: Grove House 77 North Road, Southall. UB1 2JL  
info@ealinganchor.org.uk  
Telephone 0208 571 9954



Website [www.ealinganchor.org.uk](http://www.ealinganchor.org.uk)



Facebook: [Ealing Anchor Foundation](https://www.facebook.com/EalingAnchorFoundation)



[https://www.instagram.com/anchor\\_ealing/?hl=en](https://www.instagram.com/anchor_ealing/?hl=en)

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