



TIMETABLE

New Term starts 14th April- 17th July Term ends

Half term 25th May - 29th May

Sessions return Tuesday 3rdth June

Welcome to Ealing Anchor Foundation

A support group for parents/carers of babies and children who are differently abled.

Offering a range of activities, training, counselling and outreach support for families.

OUR SESSIONS ARE HELD AT

Windmill Children's Centre
135 Windmill Lane Greenford UB6 9DZ



Grange Children's Centre
Church Place, London W5 4HN



TIMETABLE APRIL - JULY 2026



TUESDAY

Windmill Children's
Centre

MORNING

Music Therapy
Play & support session
10:30am - 12:15pm

AFTERNOON

Music Therapy
1:00pm - 2:15pm

1:1 Counselling

Toy Library

WEDNESDAY

Grange Children's
Centre

AFTERNOON

Play & support session
12:45pm - 2:15pm

FRIDAY

Windmill Children's
Centre

MORNING

Play & support session
10:30am - 12:15pm

1:1 Counselling

Toy Library

Bookings for the Play & Support sessions are open online, ONE day before each session. Bookings for other events, can be made at anytime online.

To book and for more information
telephone 020 8571 9954
info@ealinganchor.org.uk
www.ealinganchor.org.uk

MUSIC THERAPY & PLAY & SUPPORT SESSIONS

Windmill Children's Centre
Tuesday 10:30am-12:15pm
Tuesday 1:00pm - 2:15pm



PARENT CARER EVENING



Monday 8th June
Celebrating carers week
Gokyuzu Park Royal
To reserve your space 7pm- 9.45pm

OTHER ACTIVITIES THIS TERM

1:1 ONLINE COUNSELLING



ONLINE TOY LIBRARY



FOOD BANK - TUESDAY & FRIDAY
WINDMILL CHILDREN CENTRE

'TIME TO TALK' COFFEE MORNINGS



Come along and meet other parent/carers

Friday 8th May

and

Friday 12th June

10:30am-12:15pm
Windmill Children's Centre

ONLINE WORKSHOPS

Legal Workshop 10:30am-12noon
Thursday 30th April 20mins slots available

EHCP Made Easy Session One 10:30-12:30pm
Monday 11th May

Successful Toileting Workshop 10am-11:30am
Wednesday 13th May

Successful Sleep Workshop 10am-11:30am
Thursday 14th May

Successful Eating Workshop 10am-11:30am
Wednesday 20th May

Understanding Autism & Children with Communication Differences
10am-12pm Wednesday 3rd June

Supporting Autism Children with Communication Differences
10am-12pm Wednesday 10th June

Promoting Positive Behaviour Workshop 10am -11.30am
Thursday 18th June

Understanding Sensory Differences Workshop 10:00-11:30am
Wednesday 24th June

EHCP Made Easy Session Two 10:30-12:30pm
Monday 29th June

Successful Toileting Workshop 10am-11.30am
Wednesday 1st July



to book, click on the name or date of the workshop or go to our website

OTHER EVENTS THIS TERM

Tooth Fairy

Tuesday 28th May 10:30-12:15
Windmill Children Centre

Hanwell Carnival
Saturday 20th June 12-6pm

Elthorne Park Road
Hanwell W7 2AA



OUR GROUPS

PARENT GROUP

Topic: Relationships
Friday 24th April

Topic: Self-care Strategies
Friday 22nd May

Topic: Depression
Friday June 26th

Topic: TBC
Friday 10th July



Windmill Children's Centre
10:30am- 12:15pm

To book and for more information telephone 0208 5719954 or email info@ealinganchor.org.uk or visit www.ealinganchor.org.uk

NEW GROUP! SEASHELLS GROUP

For children with complex needs

A space for sound, colour & sensory exploration
Invitation only

Friday 15th May
&
Friday 5th June



EALING ANCHOR FOUNDATION



Supporting Parents & Carers in Ealing

Admin Office: Grove House 77 North Road, Southall. UB1 2JL
info@ealinganchor.org.uk
Telephone 0208 571 9954



Website www.ealinganchor.org.uk



Facebook: [Ealing Anchor Foundation](https://www.facebook.com/EalingAnchorFoundation)



https://www.instagram.com/anchor_ealing/?hl=en

Registered Charity Number 1196311